



# Squad C Meeting

Synaptic insulin resistance at the basis of trajectories towards cognitive decline in high-risk ageing

10:00 Welcome

10:10 Markus Ullsperger, OvGU  
*Performance monitoring, cognitive control, & acetylcholine*

11:10 Coffee break

11:40 Annemarie Metzke  
*Introduction of a new PhD student*

12:00 Lucia Penalba-Sánchez, MED, OvGU  
*Enhancing Cognitive and Brain Function in Aging Through Nutrition: Current Knowledge and Methodological/ Translational Challenges*

13:00 Lunch

**16.01.2026**  
**10:00 a.m.**

**LIN**  
**Ebbinghaus Hall**